



upon the impact of **The Artist's Way** and describes the work she has done during the last decade and the new insights into the creative process that she has gained. Updated and expanded, this anniversary edition reframes **The Artist's Way** for a new century. Julia Cameron keeps row after row of journals on the wooden bookcase in her writing room, all containing Morning Pages from more than twelve years of her life. The journals, she says, listen to her. They have been company on travels, and she is indebted to them for consolation, advice, humor, sanity. Now the bestselling author of *The Artist's Way* offers readers the same companion, in which we may discover ourselves, our fears and aspirations, and our life's daily flow. Readers will find privacy, a portable writing room, where our opinions are for our own eyes. **The Artist's Way Morning Pages Journal** prioritize the day, providing clarity and comfort. With an introduction and instructions on how to use this journal, by Julia Cameron, readers will uncover the history of their spirits as they move their hands across the universe of their lives.

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